

You will need

4 x balls of 100g Cosy Wool by Lincraft or 100g Double Knitting (DK) yarn by Lincraft

7mm knitting needles

Large yarn needle



Using 4 strands of yarn at the same time (32 ply), cast on (xsm 17sts) (sm 20sts) (med 23sts) (lge 26sts) (xlge 29sts)

Heel:

1st row: knit.

2nd row: knit (xsm5) (sm 6) (med7) (lge 8) (xlge 9) Purl 1, repeat to end of row.

3rd row: knit.

Repeat rows 2 & 3 until you have knitted (xsm 10) (sm 12) (med 14) (lge 16) (xlge 18) rows.

Shaping:

1st row: K1, P1 to end of row.

2nd row: P1, K1 to end of row. Continue in this pattern until work measures the length of the foot from the heel to the start of the toes.

Decrease for toes:

1st row: Knit 2, *K2tog, K3, K2tog* to end of row.

2nd row: Knit.

3rd row: K2, K2tog to end of row.

4th row: Knit.

5th row: K2, K2tog to end of row.

6th row: Knit.

To make up: Using a large yarn needle, thread the strands through the remaining sts on the needle and pull tightly. Sew up the middle seam to where the pattern changes. Sew up the back of the heel. Turn right side out. Repeat for the other foot.

How to
Lincraft makes

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